



UNDERSTANDING SENIOR CARE ACRONYMS

AD - Alzheimer's Disease

ADLs - Activities of Daily Living

ALF - Assisted Living Facility

ALZ - Alzheimer's

CMS - Centers for Medicare
& Medicaid Services

CNA - Certified Nursing Assistant

CCRC - Continuing Care
Retirement Community

CHF - Congestive Heart Failure

CMA - Certified Medication Aide

COPD - Chronic Obstructive
Pulmonary Disease

COTA - Certified Occupational
Therapy Assistant

DHS - Department of
Human Services

DNR - Do Not Resuscitate

DNS - Director of Nursing Services

DX - Diagnosis

EHR - Electronic Health Record

EOL - End of Life

HHA - Home Health Agency

HHS - Department of Health
& Human Services

I-SNP - Institutional Special
Needs Program

ICF - Intermediate Care Facility

IL - Independent Living

IRF - Inpatient Rehabilitation
Facilities

LPN - Licensed Practical Nurse

LTC - Long Term Care

LTCI - Long Term Care Insurance

MC - Memory Care

MCI - Mild Cognitive Impairment

MCO - Managed Care Organization

MSP - Medicare Savings Account

NA - Nursing Assistant

NH - Nursing Home

NP - Nurse Practitioner

OT - Occupational Therapist

PAR / PAC - Post Acute Rehab /
Post Acute Care

POA - Power of Attorney

POLST - Physicians Orders for
Life-Sustaining Treatment

PT - Physical Therapist

RCF - Residential Care Facility

RN - Registered Nurse

SLP - Speech Language
Pathologist

SNF - Skilled Nursing Facility



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