



# SHY SENIORS WILL LOVE THESE 8 ACTIVITIES

*Whether they live independently or in a care facility, if your loved one prefers alone time over social gatherings, these activities will spark their interest and support their creativity. You can participate with them over Zoom or FaceTime.*

1

## Book Buddies:

Read or listen to the same book and discuss it.



## Green Thumbs:

Each of you plant seeds in containers. Check in to watch love grow!

2

3

## Love Letters:

Buy stationery and stamps and write to each other.



## Pet Projects:

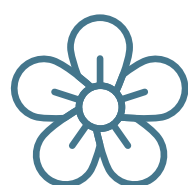
Sponsor a pet at a shelter. Watch a puppy or kitten on a live cam together.

4

5

## Camera Club:

Gift a camera to your loved one and begin creating a photo album.



## Floral Fun:

Deliver freshly picked flowers and a vase and arrange bouquets together.

6

7

## Topic Togetherness:

Send magazine subscriptions about subjects they love and discuss.



## Writing Prompts:

Write from the same prompt and share your stories.

8

*Whether your loved one prefers social activities or solo time, Marquis honors each resident's independence and lifestyle preferences.*