



ASSISTED LIVING VS. NURSING HOMES: WHAT'S THE DIFFERENCE?

Understanding the differences between assisted living facilities and nursing homes can help families, caregivers, and seniors choose the right kind of care.

ASSISTED LIVING

Assisted living communities provide residents an opportunity to live independently while receiving assistance with activities of daily living such as transportation, meal preparation, and getting dressed.

- Residents mostly take care of themselves and live semi-autonomously.
- Staff is available 24/7 to help with activities of daily living.
- Community-focused with choices of activities on or off campus.
- Some services provided on site, but residents may come and go as they please.
- Mostly private apartments or suites, but some couples live together.

NURSING HOMES

Nursing homes, also called long term care facilities, offer 24-hour monitoring and assistance with medical needs due to significant physical and mental health conditions.

- Patients are unable to take care of themselves and require full-time monitoring.
- Skilled nursing care is available around the clock.
- Rehabilitation-focused with an emphasis on specialized medical care.
- Almost all services provided on site: meals, salons, worship, dental, etc.
- Typically rooms are shared; however, there may be options for private rooms.

SENIOR ASSISTED LIVING COMMUNITIES & LONG TERM CARE AT MARQUIS

Marquis assisted living communities and long term care facilities offer a person-centered approach combined with clinical expertise, so each resident can live a full and fulfilling life.