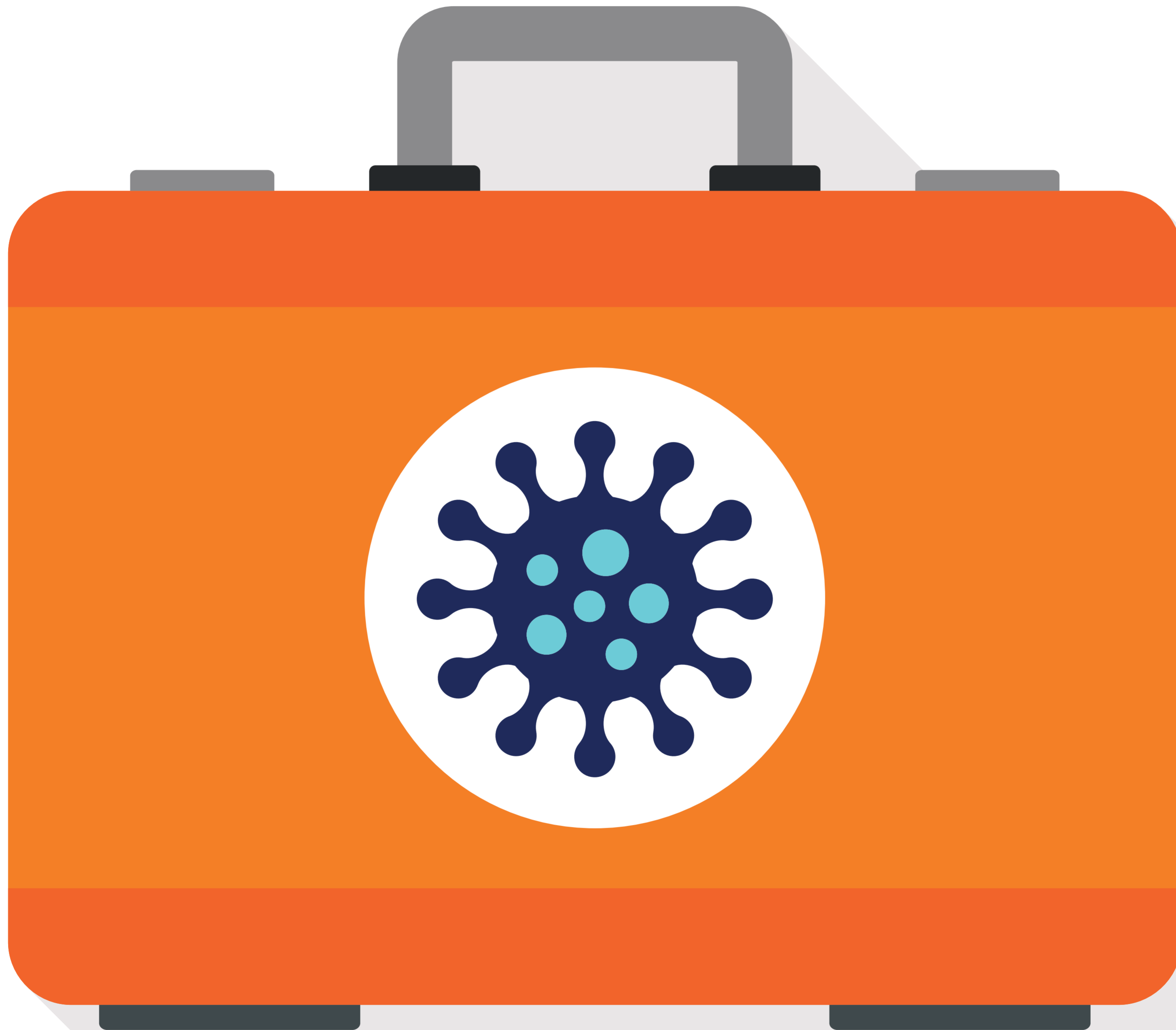




MARQUIS
COMPANIES

COVID-19 PREPAREDNESS KIT

If a family member tested positive for Covid-19 tomorrow would you be ready? What can you do now to prepare?





PREPARATION

- ✓ Plan your home for quarantine (Bed/bath for sick and for non-sick family members)
- ✓ Health insurance + Dr info
- ✓ CDC info
- ✓ Calendar to log dates, time, calculate quarantine
- ✓ Designated electronics, chargers, etc
- ✓ Family/friends identified who bring meals and who run essential errands

SUPPLIES

- ✓ Face mask
- ✓ Disposable gloves
- ✓ Cleaning and disinfecting products
- ✓ Hand sanitizer/soap
- ✓ Garbage bags
- ✓ Kleenex
- ✓ TP
- ✓ Laundry soap
- ✓ 2 digital thermometers



MARQUIS
COMPANIES



MEDS

- ✓ Advil/childrens
- ✓ Tylenol/childrens
- ✓ Rolaid
- ✓ Imodium
- ✓ Cough Drops
- ✓ Prescription



FOOD

- ✓ Gatorade
- ✓ Chicken broth
- ✓ Saltines
- ✓ Freezer meals
- ✓ Delivery grocery service list