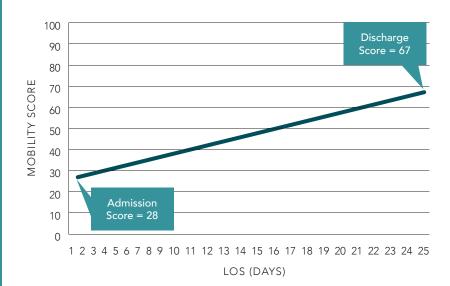
# IMPROVING FUNCTIONAL OUTCOMES

Using CARE Item Sets Consonus tracks patients' functional changes in Self-Care and Mobility tasks from admission to discharge. Maximizing this improvement while balancing costs is the true measurement of the VALUE of rehab. This information can be used to help determine appropriate lengths of stay, measure the effectiveness of clinical protocols and justify therapy delivery models.

Measuring outcomes allows us to ask and answer questions such as: "What discharge functional score results in fewer readmissions?" or "Do patients with a 25 day length of stay make any more progress than those with a 10 day length of stay?"

#### IMPROVEMENT IN FUNCTIONAL MOBILITY



**FUNCTIONAL IMPROVEMENT = 39** 

#### 14 MOBILITY CATEGORIES

- Lying to Sitting
- Sit to Stand
- Chair/Bed Transfer
- Toilet Transfer
- Walk/WC Distance
- Roll Left and Right
- Sit to Lying

- Picking up Object
- 1 Step/Curb
- Walk with 2 Turns
- 12 Stairs
- 4 Stairs
- Walking on Uneven Surface
- Car Transfer

## 8 SELF-CARE CATEGORIES

- Eating
- Oral Hygiene
- Toilet Hygiene
- Upper Body Dressing
- Lower Body Dressing
- Wash Upper Body
- Shower/Bathe Self
- On/Off Footwear

### **SCALE**

- 6. Independent
- 5. Setup/Clean-Up Assist
- 4. Supervision
- 3. Partial/Moderate Assist
- 2. Substantial/Maximal Assist
- 1. Dependent



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